

SPORT-TRAC™ Knee Strap

INDICATED FOR CHONDROMALACIA

Application Instructions

Application may be done either standing or sitting. Extend leg out and relax thigh muscle. Position the strap just below the knee cap. Secure the strap behind the knee with the hook and loop closure. The strap maybe worn all day. Re-adjust if necessary. Strap should not be to tight as to restrict circulation. *Patients should always consult their physician or therapist for proper application and/or if pain increases.*

LATEX-FREE

Washing Instructions

Fasten velcro together.
Hand wash with cold water and mild detergent.
Air Dry.

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