

## CAUTION

Never apply a B-Cool® 3.0 gel pack directly onto the skin. An additional protective barrier such as a B-Cool® wrap or cloth towel is recommended to protect against frostbite or a burn.

Supervision is strongly advised when applying this product on children and geriatric patients. Patients with circulatory problems should consult a physician or healthcare professional prior to any treatment.

If the B-Cool® 3.0 gel pack is punctured, dispose of it and reorder a replacement B-Cool® 3.0 gel pack to continue treatment.

In the unlikely event there is exposure to the eyes, immediately flush with water and consult with a healthcare professional as a precaution.

## COLD THERAPY APPLICATION INSTRUCTIONS

1. Place the B-Cool® 3.0 gel pack into the freezer for at least 4 hours before using.
2. Place the gel pack in a B-Cool® wrap or cloth towel, then apply to affected area.
3. Remove gel pack if it becomes uncomfortable.

**Always follow your physician's or healthcare professional's specific treatment instructions.**

