

# Knee Immobilizer

**NOTE:** Instructions cover multiple product families, images may vary.

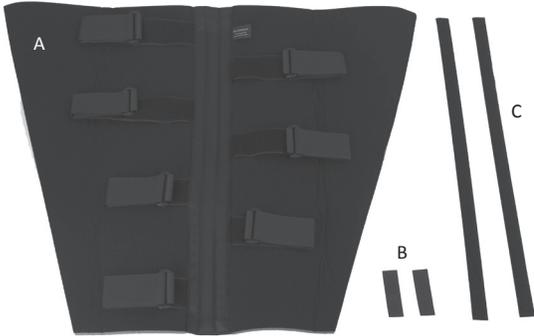


Figure 1

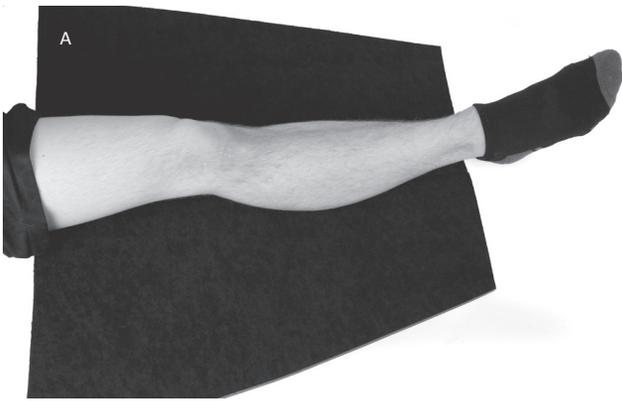


Figure 2

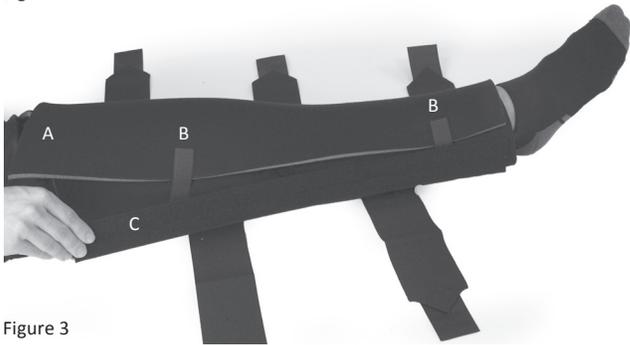


Figure 3



Figure 4

**NOT MADE WITH natural rubber latex**

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

**Intended for single patient use.**



**WARNING:** This product should be used only under the supervision of a medical professional. If your pain increases or persists or you experience any unusual reactions while using this product, consult your healthcare provider immediately.



**CAUTION:** It is critical to determine the required length prior to selecting a brace for application. A correctly sized knee immobilizer fits on the leg 2" to 3" above the lateral malleolus and 6" to 8" below the femoral head.

**APPLICATION INSTRUCTIONS – UNIVERSAL**

1. Sit on a flat surface with the affected leg in full extension.
2. Unfasten the leg straps and unfold the knee immobilizer (A).
3. Detach and set aside the two 3" hook strips (B) and the two side stays (C) (medial and lateral) (Figure 1).
4. Center brace under the leg and align the posterior stays along the back of the leg (Figure 2).
5. Wrap brace around the leg and hold in place using the two 3" hook strips (B) (Figure 3).
6. Center a side stay (C) along the inside (medial) length of the leg and press to attach to the brace. Center remaining side stay (C) along the outside (lateral) length and attach. (Figure 3).
7. Wrap and fasten the hook-and-loop straps located directly above and below the knee. Wrap and fasten remaining straps (Figure 4).

**APPLICATION INSTRUCTIONS – SIZED**

1. Sit on a flat surface with the affected leg in full extension.
2. Center brace under the leg and align the posterior stays along the back of the leg (Figure 2).
3. Fold brace around the leg ensuring patella opening fits at the knee.
4. Wrap and fasten the hook-and-loop straps located directly above and below the knee. Wrap and fasten remaining straps. (Figure 4).
5. Attach patella strap to brace, pull across knee and fasten. (Strap is optional, use when required) (Figure 4).

**NOTE:** Use loop and lock feature on the leg straps to adjust fit and compression.

**NOTE:** Number of straps varies depending on the length of immobilizer.

**NOTE:** Universal wrap can be trimmed to reduce excessive amounts of overlap.

**NOTE:** Please refer to sew-in label on device for care instructions.

Please visit our website at [www.birdcronin.com](http://www.birdcronin.com) for additional product and warranty information or contact a customer care representative at 800-328-1095.

**NOTICE:** This device is only one element in the overall treatment program administered by a medical professional. While every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort, there is no guarantee that injury will be prevented through the use of this product.