

## **Baker Night Splint**

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

## Intended for single patient use.



WARNING: Do not walk or stand in night splint.

**WARNING:** Consult your healthcare professional:



- If your pain increases or persists
- If numbness, tingling, or discomfort persists
- If you experience any unusual reactions while using this product



## APPLICATION INSTRUCTIONS

- 1. Unfasten straps and position foot inside splint. Ensure heel is firmly against back.
- 2. Bend knee and flex foot upward to achieve desired degree of dorsiflexion.
- 3. Fasten the foot and ankle straps to ensure a snug fit.
- 4. Extend knee to check the fit of the straps.
- 5. Adjust straps for comfort, not for tightness or excessive stretch.
- 6. Fasten shin strap and adjust as needed.
- 7. Loosen straps or remove splint if discomfort, numbness, or tingling occurs.

**NOTE:** Apply an additional 5° of stretch by sliding the optional toe wedge between your forefoot and the splint. Use toe wedge according to your physician's instructions. The toe wedge can also be placed under the liner. Remove liner by opening seam in back. Position wedge and reapply liner.

**CARE INSTRUCTIONS:** Remove liner from shell and hand wash with mild detergent. Air dry. Clean shell and toe wedge using a damp cloth and mild detergent. Wipe dry.

Please visit our website at **www.birdcronin.com** for additional product information or contact a customer care representative at **800-328-1095**.

**NOTICE:** Every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort with this product, however, there is no guarantee that injury will be prevented with its use.

NOT MADE WITH