

Cervical Traction Kit

NOTE: Instructions cover multiple product families, images may vary.

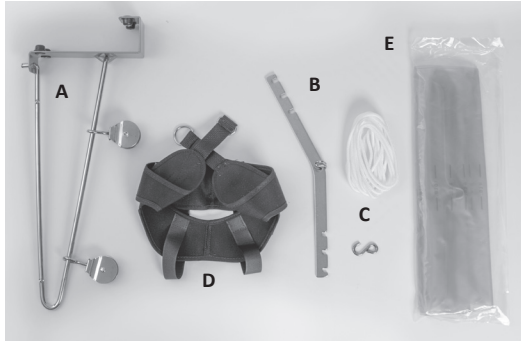


Figure 1

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|------------------------------------------|--------------------------------------------------------|
| A. Over Door Bracket with two Pulleys | D. Occipital Head Halter with Metal Rings and Chin Pad |
| B. Metal Spreader Bar | E. Plastic Water Bag |
| C. Traction Cord with one metal "S" hook | |



Figure 2



Figure 3



Figure 4

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

Intended for single patient use.



WARNING: Use as directed by your licensed medical practitioner. If you do not understand any part of the assembly or instructions for use, contact a healthcare professional for direction in the use of this product.



WARNING: Keep away from children



WARNING: Bird & Cronin assumes no responsibility for any damage or injury caused by improper assembly or use of this product.

ASSEMBLY

1. Unpack box and remove contents from bags. (Figure 1)
2. Slide one end of traction cord through pulleys. (Figure 2)
3. Attach the metal spreader bar "S" hook to the end of the traction cord by tying and securing a knot. (Figure 2)
4. Place over the door bracket centered on the top of the door. Close the door completely and pull traction cord to ensure it is secure. (Figure 4)
5. Tie and secure the opposite end of the traction cord to the metal "S" hook on the spreader bar. (Figure 2)
6. Fill the water bag with water to prescribed level as directed by physician. Hang the prescribed filled water bag on the "S" hook at the closest point near the door. The water weight bag should be sitting on the floor.

INSTRUCTIONS FOR USE



WARNING: Before each use, ensure knots are tight, all hardware is secure, and rope is not frayed.



WARNING: This device is limited to 20 lbs. of traction/tension pull. DO NOT Exceed 20 lbs.

NOTE: DO NOT use the device if door is not completely closed.

1. The patient should sit in a chair facing the door approximately 3 feet from the door.
2. Once sitting, apply the head halter by placing the halter around the back of the head ensuring the center curve on the halter is touching the back of the neck. The halter should be snug at the back of the neck.
3. Adjust the chin pad to the head halter by securing loop straps from the back of the halter around to the front of the chin pad. Attach loop straps to the sewn-on hook strips. Or, re-adjust straps through buckles on the sides of the halter and pull snug.
4. The metal rings should be above the head halter. Position both metal rings into recommended slots in metal spreader bar as directed by physician. (Figure 3)
5. Grasp the rope and slide chair away from the door until the water weight bag is suspended a few inches off the floor. (Figure 4)
6. Slowly release grip on the rope until it is taught. (Figure 4)
7. Use traction kit for the prescribed amount of time following physician's recommended treatment.
8. At the end of the prescribed time, grasp traction rope that is attached to the head halter and slide chair towards the door until water weight bag is resting on the floor.
9. Detach the spreader bar from the "S" hook and carefully remove halter from head.

NOTE: Empty water from weight bag when not in use.

NOTE: The traction cord and/or "S" hook can be adjusted to accommodate position for treatment

CLEANING & MAINTENANCE

To clean, hand wash rope, halter, and web strap using mild soap. Rinse with clean water, air dry.

Please visit our website at www.birdcronin.com for additional product information or contact a customer care representative at 800-328-1095.

NOTICE: Every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort with this product, however, there is no guarantee that injury will be prevented with its use.