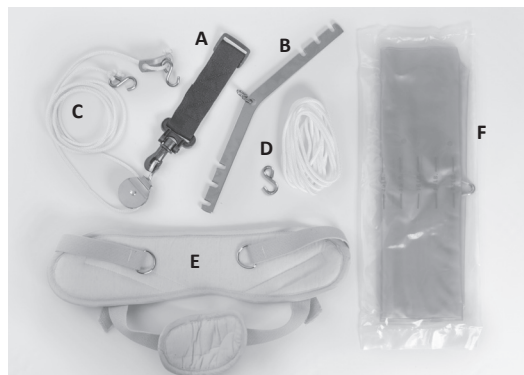


## Supine Cervical Traction Kit with Repro Style Head Halter



### CONTENTS

- A. Web Strap with Clip
- B. Metal Repro Spreader Bar
- C. Traction Cord with two metal "S" hooks and Pulley

- D. Extra Traction Cord with one metal "S" Hook
- E. Occipital Head Halter with Metal Rings and Chin Pad
- F. Plastic Water Bag

Figure 1



Figure 2

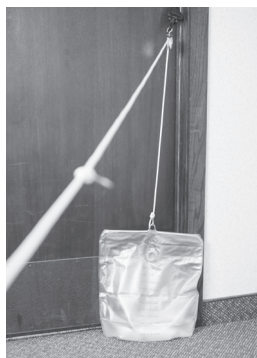


Figure 3



Figure 4

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

### Intended for single patient use.



**WARNING:** Use as directed by your licensed medical practitioner. If you do not understand any part of the assembly or instructions for use, contact a healthcare professional for direction in the use of this product.



**WARNING:** Keep away from children



**WARNING:** Bird & Cronin assumes no responsibility for any damage or injury caused by improper assembly or use of this product.

### ASSEMBLY

1. Unpack box and remove contents from bags. (Figure 1)
2. Place plastic buckle on web strap on the inside door frame directly above the middle door hinge. Close the door completely and pull on web strap to ensure it is secure. (Figure 2)
3. Attach pulley to the web strap by clipping the metal pulley hook into the plastic clip on the web strap.
4. Fill the water bag with water to prescribed level as directed by physician. Hang the prescribed filled water bag on the "S" hook at the closest point near the door. The water weight bag should be sitting on the floor. (Figure 3)

### INSTRUCTIONS FOR USE



**WARNING:** Before each use, ensure knots are tight, all hardware is secure, and rope is not frayed.



**WARNING:** This device is limited to 20 lbs. of traction/tension pull. **DO NOT** Exceed 20 lbs.

**NOTE:** DO NOT use the device if door is not completely closed.

1. The patient should sit on the floor approximately 3 feet from the door with their back to the door.
2. Once sitting, apply the head halter by placing the halter around the back of the head ensuring the center curve on the halter is touching the back of the neck. The padding should be snug at the back of the neck.
3. Adjust the chin pad to the head halter by inserting straps through buckle on sides of the halter and pull snug.
4. The metal rings should be at the front of the head halter. Position both metal rings into recommended slots in repro spreader bar as directed by physician. (Figure 4)
5. Attach the repro bar to the "S" hook on the end of the traction rope and lie on the floor with the head closest to the door. Patient should lie in supine (flat) position on the floor in line with the traction kit. (Figure 4)
6. Grasp the rope and slide body away from the door until the water weight bag is suspended a few inches off the floor. (Figure 4)
7. Slowly release grip on the rope until it is taught. (Figure 4)
8. Use traction kit for the prescribed amount of time following physician's recommended treatment.
9. At the end of the prescribed time, grasp traction rope that is attached to the head halter and slide body towards the door until water weight bag is resting on the floor.
10. Detach the repro spreader bar from the "S" hook and carefully remove halter from head.

**NOTE:** Empty water from weight bag when not in use.

**NOTE:** The traction cord and/or "S" hook can be adjusted to accommodate position for treatment

### CLEANING & MAINTENANCE

To clean, hand wash rope, halter, and web strap using mild soap. Rinse with clean water, air dry.

Please visit our website at [www.birdcronin.com](http://www.birdcronin.com) for additional product information or contact a customer care representative at 800-328-1095.

**NOTICE:** Every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort with this product, however, there is no guarantee that injury will be prevented with its use.