

## B-Cool<sup>®</sup> Super Sling Plus (Complete)

NOT MADE WITH  
natural rubber latex



B-Cool<sup>®</sup> Super Sling (Complete) with pillow and exercise ball.

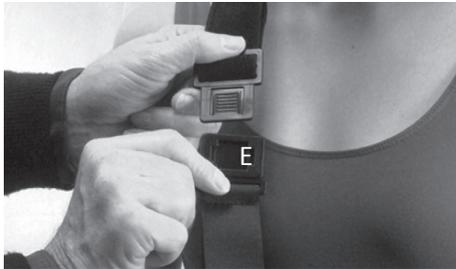


Figure 1: Shoulder strap buckle (E)

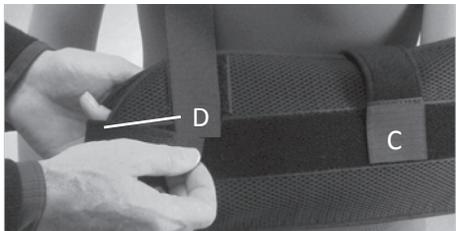


Figure 2: Elbow strap (2" wide) (C)  
Thumb strap (1" Wide) (D)

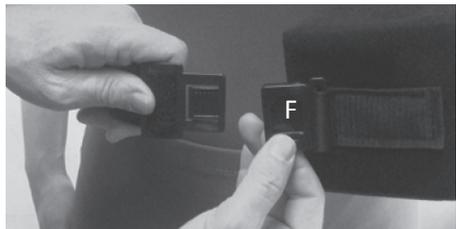


Figure 3: Waist strap buckle (F)

Please read the following instructions carefully and completely before use. Correct application is required to ensure proper function of the device.

**This device is intended for single patient use.**



**WARNING:** If your pain increases or persists or you experience any unusual reactions while using this product, consult your healthcare provider immediately.

### APPLICATION INSTRUCTIONS

#### Arm Sling Application Instructions

1. Release buckle (E) on shoulder strap (B).
2. Detach elbow strap (C) and thumb strap (D) from sling pouch and set aside.
3. Slide affected arm into sling pouch (A) and position elbow snugly into the back corner.
4. Position affected arm next to waist.
5. Wrap shoulder strap (B) diagonally across your back and over your unaffected shoulder.
6. Attach shoulder strap (B) to sling pouch (A) by latching buckle (E) (Figure 1).
7. Use the hook and loop closures located at both ends of the shoulder strap (B) to adjust length.
8. Reattach elbow strap (C) to sling pouch (A) to secure elbow in position (Figure 2).
9. Reattach thumb strap (D) to pouch (A) so it fits between the thumb and fingers (Figure 2).

#### Abduction Pillow Application Instructions

1. Release buckle (F) on waist strap (H).
2. Place pillow (G) between affected arm and waist ensuring the buckle (F) is in the front.
3. Wrap strap (H) around waist like a belt and attach to pillow (G) by latching buckle (F) (Figure 3).
4. Use the hook and loop closures located at both ends of the waist strap (H) to adjust length.
5. Move pillow (G) forward or backward to achieve desired internal or external rotation.
6. Attach sling pouch (A) to the pillow (G) by matching together their strips of hook and loop.

**NOTE:** Both the shoulder strap (B) and waist strap (H) can be trimmed. Detach the Y-hook connector from the non-buckle end of strap, cut strap to desired length, and reattach the connector.

### PATIENT INSTRUCTIONS

#### Removal Instructions

1. Detach elbow strap (C) from sling pouch (A) and set aside.
2. Release buckle (F) on waist strap (H) (Figure 3).
3. Release buckle (E) on shoulder strap (B) (Figure 1).
4. Remove sling pouch (A) from arm.

#### Reapplication Instructions



**WARNING:** Do not change device settings without consulting your healthcare provider.

1. Slide affected arm into sling pouch (A) and position elbow snugly into the back corner.
2. Reattach elbow strap (C) to sling pouch (A) to secure elbow in position (Figure 2).
3. Wrap strap (H) around waist like a belt and attach to pillow (G) by latching buckle (F) (Figure 3).
4. Wrap shoulder strap (B) diagonally across your back and over your unaffected shoulder.
5. Attach shoulder strap (B) to sling pouch (A) by latching buckle (E) (Figure 1).

#### Exercise Ball



**WARNING:** Use exercise ball as directed by your healthcare provider.

**NOTE:** Please refer to sew-in label on device for care instructions.

Please visit our website at [www.birdcronin.com](http://www.birdcronin.com) for additional product information or contact a customer care representative at 800-328-1095.

**NOTICE:** Every effort has been made to obtain the maximum compatibility of function, strength, durability and comfort with this product, however, there is no guarantee that injury will be prevented with its use.